

How to Create Your Mission Statement

Your Cosmic Calling Worksheet

Suggested Steps:

1. Get a feel for the chart
 - Look at the distribution
 - What is the elemental balance
 - The influence of the modalities
 - The North Node
 - House emphasis
 - Aspects and aspect patterns
 - The influence of the outer planets
2. Meditate - Connect with the energy of the signs and the ruling planets
3. Consider your life so far – What have you been drawn to? What do you love to do?
4. Select the key words that resonate, feel right (your heart knows)
 - The worksheet will contain a list of key words for each sign that can be converted into verbs or nouns depending on the construction of the sentence.
 - There are also many synonyms, each has a different energy, you'll feel the one that resonates with you.
5. Put them into a sentence – Play with the words, remembering that this is simply a guideline, not set-in-stone rules.
6. Feel the zing! Your body will tell you when it is right.

Template:

Write down your three most meaningful, purposeful and exciting verbs or adjectives

1 _____ 2. _____ and 3 _____

Identify your core value (Sun) from the list (or you can add your own)

Combine your verbs/adjectives and core value

1 _____ 2 _____ and 3 _____ 4 _____

Optional: If you'd like to be more specific...

Get clear on who you want to serve, be around, inspire, learn from and be affected by. Who do you most want to impact, influence and be with and why? (Could be a specific group, elderly, children, disabled, etc.)

My mission is to: verb, verb, verb, core value (to serve, optional)

My mission is to be: adjective, adjective, adjective – core value.

Examples:

Laurie Beth Jones – “To recognize, promote and inspire divine connection in myself and others.”

Linda's - To ignite (0° Aries Sun) inspire (Pisces Moon) and celebrate (Sag MC) our uniqueness (Aquarius Asc)

And/Or

To be a spiritual, optimistic, innovative awakener

Deborah's – Soul (Scorpio Sun) nurturing (Cancer Rising)

self-care (Aries MC) She's an esthetician – her mission and tag line

Once the foundation is established, it can be embellished bringing in other parts of the chart, or not. (NN, Aspects, houses, etc.)

Advanced Example:

A company I worked with as a consultant:

In the spirit of gratitude, (Pisces) we are committed to building valued partnerships, (Libra) based on excellence, (Virgo) where the principle of integrity and mutual respect are embraced. (Capricorn)

KEY WORDS – Reminder: Feel free to change them into adjectives, verbs or nouns, whichever you need to create your mission statement.

Aries – I am

Enthusiastic, adventurous, passionate, initiating, daring, pioneering, energetic, enthusiastic, competitive, active, bravery, encouraging people, defending, challenging, leadership qualities, adventurous, energetic, courageous, confident, dynamic, quick-witted, action-oriented, agile, alert, athletic, assertive, bold, decisive, direct, fast, honest, independent, individualistic, motivated, risk-taking, self-assured, spontaneous, straightforward, uncomplicated, truth-teller, self-advocate, warrior, impulsive, fearless

Core Value: Truth, integrity, Honesty, Self-worth, Positive Attitude, Joy, Simplicity, Awareness

Taurus – I have, I value

Calm, reliable, loyal, affectionate, sensuous, ambitious, and determined character, patient, earthy, practical, stable, patient, domestic, common sense, finishes projects, stays on the path, follows routine, physically strong, good in physical crisis, solution-oriented, good with the land, plants, good with money, wants to build, warmhearted and loving, persistent, determined, placid and security loving, committed, dependable, diligent, down-to-earth, financially savvy, genuine, grounded, hardworking, methodical, nature-loving, nourishing, open, productive, reliable, resourceful, rock-solid, romantic, serene, steadfast, tactile, abundance, builder, calm presence, cultivator, chef/cook, connoisseur, designer, finisher, gardener, loyalist, luxury, material pleasures, savor, resolute, tenacious, sensual

Core value: Wholeness, Respect,

Gemini – I think

Sociable, fun-loving, versatile, lively, communicative, liberal, intelligent, mentally-active, and friendly-character, bright, rational, sociable, versatile, inventive, generating ideas, quick thinking, curious, good in a crisis, questions things, networks, link things together, can deal with many things at once, busy situations, eloquent, youthful, lively, adaptable, charming, detail-oriented, dualistic, dynamic, curious, eloquent, flexible, fun-loving, literary, mobile, outgoing, playful, vivacious, multi-tasker, researcher, social butterfly, talker, writer, disseminate, diversify

Core Values: Knowledge, Curiosity, Information

Cancer – I feel

Kind, emotional, romantic, imaginative, sympathetic, nurturing, intuitive, sensitive, domestic, patriotic, maternal, creating good atmospheres, caring, cooking, feeling, good in emotional situations, motherly, inclusive, ability to belong, respects traditions, shrewd, cautious, protective, sympathetic, seeks safety, home, family, comfort, memory, introspection, property, support, affectionate, comfortable, cozy, devoted, emotionally attuned, empathic, family-oriented, highly

sensitive, homey, introverted, loyal, kind, maternal, nostalgic, private, quiet, receptive, secure, sentimental, supportive, traditional, vulnerable, welcoming, caregiver, cook, counselor, homebody, moon, champion others, cheerlead, listen, love

Core Value: Safety, Kindness,

Leo – I will

Magnanimous, generous, hospitable, caring, warm, authoritative, active, open, hard-working, ambitious, enthusiastic, exuberant, extroverted, natural dramatic flair, creative, self-assured, love taking center-stage, self-confident, radiant, regal, self-expressive, playful, leadership qualities, can delegate, risk-taking, good in the spotlight, good presenter, fatherly, loves children and childlike activities, broad-minded, expansive, faithful, loving, big-hearted, bold, brave, charismatic, charming, commanding, determined, dramatic, dynamic, engaged, fun, fun-loving, inspiring, joyful, likeable, lively, magnetic, passionate, powerful, proud, regal, theatrical, warm, youthful, zealous, courage, king/queen, sunshine, speaks with passion

Core Values: Nobility, Fun, Joy

Virgo – I analyze

Diligent, analytical, self-sufficient, controlled, orderly, and modest character, be of service, practical, discriminating, meticulous, organized, helpful, economical, service-orientated, practical, eye for detail, information-orientated, fastidious, understands health and body-mind connection, reliable, diligent, health, routines, animals, doctors/assistant, service, help, planning (ahead), task oriented, decisive, dependable, detail-oriented, discriminating, divine, efficient, exacting, hardworking, health-oriented, humble, industrious, kind, logical, loyal, modest, precise, pristine, productive, scientific, sensible, systematic, thorough, tidy, well-dressed, scientist

Core Value: Excellence, Humility, Service

Libra – I balance, I relate

Pleasant, articulate, charming, social, charismatic character. artistic, fair, refined, diplomatic, even-tempered and self-sufficient character, relating, cooperative, balanced, harmonious, dialogue, feedback, looks at all sides, focused on the other, partnership, works well with others, mediation, romantic, charming, easygoing, sociable, idealistic, peaceable, cultured, elegant, empathic, feminine, forgiving, open-minded, peace-loving, poised, receptive, refined, relatable, sophisticated, stylish, tactful, thoughtful, bridge builder, equilibrium, facilitator, finer things, justice, kindness, refinement, team player, compromise, considers other perspectives, loves beauty, needs harmony

Core Values: Relationships, Equality, Dignity, Kindness, Justice

Scorpio – I desire

Intensity, passion, power, analytical, patient, keenly perceptive, inquisitive, focused, determined, hypnotic, and self-contained, regenerating, transforming, penetrating, erotic, mysterious, magnetic, passionate, willpower, goes for it, digs deep, researcher, can take control, can work with taboo subjects, keeps secrets, can handle political environments, determined, forceful, emotional, intuitive, powerful, exciting, assertive, decisive, deep, desirous, determined, emotional, enigmatic, insightful, intense, investigative, private, probing, provocative, mysterious, mystical, resourceful, sensual, sexy, shrewd, strong-willed, unafraid of death, consultant, enigma, occult, rebirth, sexual prowess, shadows, investigate, transcend, uncover

Core Values: Privacy, Introspection, Deep connection

Sagittarius – I understand

Travel, expansion, straight-forward, dynamic, highly intelligent, clever, ethical, humorous, generous, open-hearted, compassionate, energetic, wise, aspiring, visionary, optimistic, exploring, adventurous, strategic, leadership qualities, big picture, thinker, entrepreneur, risk-taker, good with patterns and meaning, has faith, freedom-loving, jovial, good-humored, honest, philosophical, big-spirited, carefree, enthusiastic, ethical, futuristic, independent, inspiring, nature-loving, no-nonsense, solitary, spiritual, spontaneous, truthful, unconventional, public speaker, go big or go home, expand, explore, pursue knowledge, streamline, free-spirited, wander-lusting

Core Values: Joy, Faith, Love, Fun, Truth, Freedom, Travel

Capricorn – I achieve

Ambitious, modest, patient, responsible, stable, trustworthy, powerful, intellectual, perspicacious, persistent, cautious, conventional, perfectionist, hardworking, economical, structured, teaching ability, mentor, authoritative, good management skills, goal-orientated, ambitious, practical, prudent, disciplined, careful, humorous, reserved, charitable, determined, disciplined, enterprising, even-tempered, executive, industrious, introverted, organized, professional, prudent, relentless, reserved, responsible, secure, self-reliant, stable, traditional, wise, witty, business, consistency, contraction, goal-oriented, hard-working, independent, integrity, leader, loyal, paternal, perseverance, realistic, routines, security, stability, standards, consolidate, contract, keep going, never give up, overcome obstacles

Core Values: Dignity, Respect, Justice Wholeness, Honor

Aquarius – I know

Modest, creative, challenging, inquisitive, entertaining, progressive, stimulating, nocturnal, mental agility, future-oriented, independent, generates “out of the box” ideas, questions stupidity, reforming, eccentric, unconventional, innovative, inventive, regenerating, transforming, penetrating, erotic, mysterious, magnetic, friendly, humanitarian, honest, loyal, original,

intellectual, altruistic, avante-garde, broad-minded, cause-oriented, cutting edge, experimental, forward-thinker, freedom-loving, futuristic, idealistic, impartial, observant, progressive, rational, rebellious, tech-savvy, unpredictable, change maker, community builder, humanist, individual, reformer, trailblazer, unique contributor, change the world, make up your own rules

Core Values: Freedom, Truth, Honesty, Awareness

Pisces – I believe

Tolerant, modest, dreamy, romantic, humorous, generous, emotional, receptive, affectionate, imaginative, idealistic, visionary, compassionate, empathic, sacrificing, creative, conceptual, service-orientated, intuitive, artistic, ability to stand in other's shoes, sensitive, kind, selfless, unworldly, sympathetic, adaptive, artistic, considerate, emotionally aware, even-tempered, forgiving, gentle, idealistic, introspective, musically inclined, perceptive, psychic, romantic, sensitive, spontaneous, trusting, daydreamer, friendly disposition, good listener, easy going, laid back, access the unconscious, go with the flow, all life is sacred and interconnected unconditional love, caring, accepting, integrity, courage, presence, selfless service, gratitude. divine intelligence, the wisdom of the heart, an expanded perspective and ever-present source of insight, guidance, and support

Core Value: Charity, Service, Inner Peace, Love, Hope, Faith, Trust

Universal Core Values: (From "The Path" by Laurie Beth Jones)

Truth	self-worth	safeth
Integrity	dignity	relationships
Honesty	respect	kindness
Freedom	inner peace	service
Trust	love	equality
Faith	positive attitude	excellence
Justice	hope	nobility
Wholeness	joy	humility
Honor	charity	simplicity

Key words are from many sources - SoulLivingProject.com in particular